

# Racquetball Association of Ireland(RAI)

## CHILDREN & YOUNG PERSON'S CODE OF CONDUCT

The Racquetball Association of Ireland is committed to providing a safe and fair environment for all young athletes and our first priority is your welfare. We are committed to providing an environment that will allow participants to perform to their best ability, free from bullying and intimidation and supported to achieve your full potential. The RAI also has a duty of care for volunteers working with young players on behalf of the organisation and therefore we ask that everybody involved adhere to the guidance that follows.

### Junior athletes should undertake to:

- treat Sports Leaders (Coaches, Managers, Selectors, Administrators and other helpers) with respect
- play fairly, do their best and have fun
- shake hands before and after the event, whoever wins - and mean it
- respect officials and accept their decisions with grace, not a grudge
- respect fellow team members; give them full support both when they do well and when things go wrong
- respect opponents, they are not enemies, they are partners in a sporting event
- give opponents a hand if they are injured or have problems with equipment
- accept apologies from opponents when they are offered
- exercise self-control and tolerance for others, even if others do not
- be modest in victory and be gracious in defeat
- show appropriate loyalty to their sport and all its participants
- make high standards of fair play the example others want to follow
- have fun and enjoy the sport and help others also enjoy squash

### Junior athletes should not:

- cheat to gain an advantage
- use violence, using physical contact only when it is allowed within the rules
- shout at, or argue with, the referee, officials, team mates or opponents
- take banned substances to improve performance
- bully or use bullying tactics to isolate another player
- use unfair or bullying tactics to gain advantage
- harm team mates, opponents or their property
- tell lies about adults or other children
- spread rumours
- keep secrets about any person who may have caused them harm

Name of junior athlete \_\_\_\_\_  
Please print

Signature \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_  
Please print

Signature \_\_\_\_\_ Date \_\_\_\_\_